



EASY CREAMY PUDDING

METHOD

- Whip cream until it forms soft peaks and fold in the yogurt.
- Spoon in to 6 individual glasses with a table-spoon of sugar on top of each.
- Leave in the fridge for at least an hour until sugar starts to dissolve or overnight if you wish.

Variation—could add stewed fruit to the bottom of each one.

INGREDIENTS

- 1 400ml tub of Greek yogurt
- 1 250ml tub of double cream
- 6 tbsp demerara sugar

